

NDNC Annual Conference

The NDNC Annual Conference will be held in the “Magic City” of Minot at the Grand International Inn. You are invited to: **Hungry for More?-NDNC Offers Food for Thought.** The NDNC conference menu truly offers something for everyone’s taste with family mealtimes and physical wellness being interwoven themes of the conference. Family mealtimes continue to be a vital tool to address an array of health and social concerns such as nutrition, rising food costs, family connectedness and childhood obesity. Dianne Neumark-Sztainer, Ph. D., M.P.H., R.D., a professor with the University of Minnesota Public Health will be the keynote speaker on April 15. She will focus her session on family meals and disordered eating in adolescents and the shared risk and protective factors for overweight and disordered eating in adolescents. She will also address helping teens make healthy choices in a weight obsessed world. Dr. Neumark-Sztainer received her Ph.D. in Behavioral Sciences and Nutrition and her M.P.H in Health Behavior from Hebrew University-Hadassah, Jerusalem, Israel, and her B.A. in Biology and Nutrition from Cornell University, Ithaca NY. Dr. Neumark-Sztainer has received numerous awards and her research is well published.

The second day of the conference will offer two panels-Dining with Diabetes and Going Local ND- Foods Initiative. Dr. Terry Eckmann and Dr. Fountaine will also offer their perspectives on health and wellness. An additional presenter is being secured for the conference.

The conference registration begins at 11:30 am on Wed. April 15. Lunch is at noon and Dr. Neumark-Sztainer’s session will complete the afternoon. Conference attendees are invited to a social that evening. Breakfast and registration for April 16 begins at 7:30 am. The concurrent sessions and panel presentations convene at 8:15 am. The conference concludes at noon.

Updates are available at the NDNC website: www.ndsu.edu/ndnc

Registration is on-line, there are early bird incentives and The Grand International honors state rates. Specific details are as follows:

Hotel Accommodations:

Grand International Inn

1505 North Broadway

Box 777

Minot ND 58703

1-800-735-4493

\$55.00 room rate (the number of occupants does not affect the rate)

FREE ROOM: Early bird NDNC conference registrants, (registrations received by March 15) have a chance to win 1 of several free rooms for the conference.

Conference Registration Rates: (register by April 1st to avoid the late registration rate)
Registration includes: lunch, breakfast and breaks

Social-if you wish to attend the social on Wed. evening, please **add \$5.00** to your registration fee.

NDNC Members-

\$60.00 for 1 day

\$80.00 for 2 day

Registration includes lunch, two breakfasts and breaks

Non NDNC members-

\$25.00 additional fee **or** pay NDNC membership fee of \$20.00 and be an official NDNC member to reap the benefits of newsletters, the NDNC list-serve and opportunities to apply for mini-grants and scholarships.

Students-

\$30.00

If you are interested in attending or have any questions, please contact Tera Miller at tera.miller@ndsu.edu or 701-231-7486.